

# THE BULLETIN BIRD

OCTOBER 2025

HARRISON'S BIRD FOODS NEWSLETTER

## Behind the Scenes...

### NUTRIENT DENSITY

One of the greatest advantages of Harrison's Bird Foods

- and what truly sets it apart from competing brands - is its exceptional nutrient density. Each formula is carefully developed using organic, whole-food ingredients, without unnecessary fillers, artificial additives, or processing.

Every bite delivers more usable nutrition for optimal health and performance, which results in less food volume, less waste, healthier body condition and better breeding results.

In practical terms, this means:

- Birds need less food volume to meet their complete daily nutritional requirements.
- They maintain a healthier body condition with less waste.
- Breeding birds often produce more fertile eggs and stronger chicks.
- Owners experience fewer veterinary visits and see more consistent feeding behavior, with birds eating their daily portions with enthusiasm.



### HUMAN TOXIN ALERT

Fruit leather is a common and convenient snack offered to children. But it turns out this popular children's food contains residues of pesticides, sometimes in high concentration.

The Environmental Working Group (ewg.org) commissioned independent laboratory tests of 37 samples of organic and conventional fruit leather. Apples are a primary ingredient in fruit leather products, and they typically contain high amounts of pesticide residue. Fruit leather made from conventional fresh strawberries, grapes, cherries, peaches and pears should be avoided as those fruits are part of the "Dirty Dozen." Conventional dried cranberries, dates, figs, mangoes and prunes had non-detectable levels of pesticides in this study.



## Doctor's Corner

By Bianca Murphy, DVM, DABVP (Avian)

Starting the foraging process with your parrot doesn't require expensive toys or complicated setups—the simplest introduction is wrapping a high-value treat in a plain napkin or tissue and letting your bird figure out how to unwrap it.

This basic technique creates an adorable ghost-like appearance that's particularly festive this month, while teaching your parrot the rewarding concept that working for food leads to delicious discoveries.

Once your bird masters this easy first step, you can gradually increase difficulty by using multiple layers, different paper types, or hiding wrapped treats in various locations to build confidence and problem-solving skills.



## An Interesting Tidbit

### Support Monarch Butterflies!

If you send a self-addressed stamped envelope to the **Live Monarch Foundation**, they will send you milkweed seeds native to your area for free! For further information, go to [LiveMonarch.com](http://LiveMonarch.com).

