

Behind the  
Scenes...

# THE BULLETIN BIRD

JULY  
2025

HARRISON'S BIRD FOODS NEWSLETTER

## Kelp

Kelp is a specific type of brown seaweed, known for its large size and ability to form dense underwater forests. Kelp forests are important ecosystems, providing habitat and food for many marine organisms. It is also considered a super-food because of all the nutrients it contains.

Kelp is one of the many functional ingredients in Harrison's Bird Foods. It provides 98% of the iodine in our formulas. In addition, kelp supplies sodium (9.7%), chloride (4.0%) and magnesium (0.8%) as well as 0.5% of the total calcium and potassium to the Harrison's diets.



Sea Kelp

## A BRIEF FOCUS

### Honeybees

Honeybees are critical to U.S. food supplies and must be protected from pesticides and other environmental toxins.

**How would a picnic look serving only foods that bees do not pollinate?**

**Blackberry pie** - hold the berries

**PB & J** - no peanut butter or jelly

**Kabobs** - no onions, peppers, tomatoes

**Lemonade** - no lemons

**Watermelon** - nope

**Greek salad** - no tomatoes, cucumbers, onions, olives

**Guacamole and salsa** - nope

**Fruit salad** - only bananas and pineapple

**Pasta salad** - no broccoli, olives, onions, peppers, or tomatoes



## An Interesting Tidbit

### COCKATIEL SUCCESS!

Harrison's Bird Foods was featured among the best foods for cockatiels in a survey of 140 million annual readers of The Spruce Pets, which independently researches, tests, reviews and provides product review guidelines before recommending only the best foods for cockatiels.

[www.thesprucepets.com](http://www.thesprucepets.com)



## TOXIN ALERT

### SUNSCREENS

During the summer beach season, it is wise to consider what toxic chemicals may be in your sunscreen. Our bodies absorb up to 60% of what we put on our skin. Children's bodies absorb 40-50% more than adults. They are at higher risk for disease later in life when exposed to toxins.

Check the label. Avobenzone, benzphenone, ethoxycinnamate, and PABA are commonly used ingredients that are known to be free radical generators and are believed to damage DNA or lead to different types of cancers.

\*<https://www.ewg.org/sunscreen/report/the-trouble-with-sunscreen-chemicals>

