

THE BULLETIN BIRD

JUNE 2025

HARRISON'S BIRD FOODS NEWSLETTER

Behind the Scenes...

As part of the functional ingredients in Harrison's Bird Foods, psyllium and whole grain fibers serve as sources of hemicellulose, where they enhance the absorption of nutrients such as calcium. Their hydrophilic nature allows them to form a gel matrix in the intestinal tract that slows transit time, thereby increasing the nutrient absorption. and allergens and produce firmer droppings that are easier to clean up. Hemicellulose also produces an environment for normal GI microflora to proliferate so that primary and secondary pathogenic bacterial and yeast problems are often reduced.



An Interesting Tidbit

My advice has always been to feed mealworms for three days with Harrison's Neonate and/or High Potency Fine before feeding them to insectivores and non-insectivores."
– Dr. Jan Hooimeijer



TOXIN ALERT

What's Happening with Plastics:

A California woman has filed a class action suit against the makers of Ziploc storage products, alleging that marketing them as microwave safe or freezer safe is misleading because the bags contain undisclosed microplastics that are released when they are microwaved or frozen. On the other hand, scientists from the University of Delaware and Columbia University analyzed data from over 10,000 beach cleanups and found a 25-47% reduction in plastic bag waste where plastic bag bans or fees were in place. With one-third of Americans now living under such policies, the study demonstrates how local action can have a global impact.



A BRIEF FOCUS

The 2025 Shopper's Guide to Pesticides in Produce* lists the foods that have emerged as this year's "Clean Fifteen," meaning that they are considered to have the least pesticide residue. The new list includes: pineapple, sweet corn, avocado, papaya, onions, sweet peas, asparagus, cabbage, watermelon, cauliflower, bananas, mangoes, carrots, mushrooms and kiwi.

*From Environmental Working Group

2025 CLEAN 15

- 1 Pineapples
- 2 Sweet Corn (fresh and frozen)
- 3 Avocados
- 4 Papaya
- 5 Onion
- 6 Sweet Peas (frozen)
- 7 Asparagus
- 8 Cabbage
- 9 Watermelon
- 10 Cauliflower
- 11 Bananas
- 12 Mangoes
- 13 Carrots
- 14 Mushrooms
- 15 Kiwi



THE DIRTY DOZEN

- 1 Potatoes
- 2 Blueberries
- 3 Blackberries
- 4 Apples
- 5 Pears
- 6 Nectarines
- 7 Cherries
- 8 Peaches
- 9 Grapes
- 10 Kale, Collard, & Mustard Greens
- 11 Strawberries
- 12 Spinach



You May Not Know...

Harrison's Pellets are Here!

All-New Harrison's Organic Premium Pellets **HOPP** are now available and we have the scoop for you on the important processing differences between Harrison's long-established gold-standard, extruded formulas compared to our all-new premium pelleted line.

Take advantage of this month's Bulletin Bird offer "Free Bag of HOPP" with purchase of any Harrison's food (below) and download our printable .pdf: **How Processing Affects Your Bird's Food – and Their Health**



^ SCAN CODE TO ACCESS OUR PRINTABLE .PDF >

How Processing Affects Your Bird's Food – and Their Health	How Processing Affects Your Bird's Food – and Their Health	How Processing Affects Your Bird's Food – and Their Health
<p>This document is intended to educate consumers on the differences between extruded and pelleted bird food. It is not intended to be a substitute for professional advice. The information provided is for informational purposes only and should not be used to make a decision about which product is best for your bird. The information provided is for informational purposes only and should not be used to make a decision about which product is best for your bird.</p>	<p>This document is intended to educate consumers on the differences between extruded and pelleted bird food. It is not intended to be a substitute for professional advice. The information provided is for informational purposes only and should not be used to make a decision about which product is best for your bird. The information provided is for informational purposes only and should not be used to make a decision about which product is best for your bird.</p>	<p>This document is intended to educate consumers on the differences between extruded and pelleted bird food. It is not intended to be a substitute for professional advice. The information provided is for informational purposes only and should not be used to make a decision about which product is best for your bird. The information provided is for informational purposes only and should not be used to make a decision about which product is best for your bird.</p>